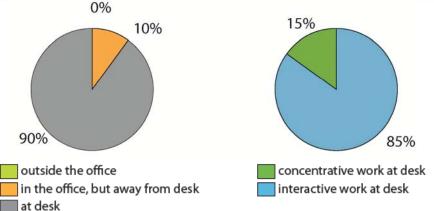
Work Pattern Survey Result | Desk-Bound, Concentrative





Hi, I am Ellen. I am an accountant.

Your survey result shows that you have the same work pattern as I do—desk-bound, concentrative. Having a desk-bound work pattern means that we spend over three quarters of our working hours at our own desks; having a concentrative work pattern means that, when we are at our own desks, we spend more than half of that time doing work individually instead of talking to someone on the phone or in person. Other professions that tend to have the same work pattern include analysts, paralegals, programmers, data entry staff, and some researchers.

Our typical weeks could look similar to this sample calendar. On this calendar, blue is the time spent at desk doing concentrative solo work; green is the time spent at desk talking to someone in person or on the phone; orange is the time spent away from desk for meetings or other tasks. Taken as a whole, over 75% of our working hours are spent at our desk and over half of that at-desk time is spent on heads-down individual work.

When planning for workplaces, we want our desks to be in a quiet environment so that we can concentrate. Considering how much time we spend at our own desks, we want them to be comfortable enough for us to work for a long stretch of time. On the other hand, we also need places where we can have meetings and conference calls without distracting others.

My workplace works very well for me. Let's take a look at a typical day of my life in the office and how my workplace supports me.

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